



## COHORTS

***The purpose of Lead Bold Cohorts is to provide intentional, focused space for female ministry leaders to engage with, encourage and learn from one another.***

### **Rotating Themes -**

Cohorts have 4 rotating themes. We will cycle through each theme 3 times in total by the end of the 8-month cohort.

#### **Soul Care - *Me & God***

ASKS: What's going on between God and me?

#### **All Things Leadership - *Challenges, Opportunities, Growth Areas, Dilemmas***

ASKS: What's going on in my leadership?

#### **Self Care & Relationships - *Personal/Interpersonal Dynamics & Realities***

ASKS: What's going on with self-care or my relationships with friends, colleagues, family?

#### **Energy Management - *Specific Focus, Practice or Perspective.***

Kelli Gotthardt ([Deep Well Sustainable Leadership](#)) will facilitate 3 meetings on pursuing balance and the joy of full engagement.

### **Meeting Flow -**

1. **Connection & Revealing** - This opening portion of the cohort allows each woman to share and reveal what she is coming to the meeting with, based on that week's focus. (Note - Participants always have the freedom to share "off topic" if a different area/situation needs the group's attention.) All women listen without interruption or advice-giving.

NOTE - Meetings facilitated by Deep Well will include a short teaching time during this portion of the meeting.

2. **Attending to What's Deeper** - During this portion of the group, women go into Zoom rooms with 1 or 2 others for a deeper discussion about what each woman brought up in the opening time. Each woman will have the opportunity to tell her room what she needs or how the others can best come alongside her (i.e. listen and pray, give advice, give feedback, ask

questions, etc.)

3. **Reflection & Intention** - During this portion of the time, each woman shares her conclusions/reflections from our time surrounding whatever she shared during the opening time. She also might decide on an intention for herself, identifying how she hopes to apply what she took away from the day.

#### **Logistics -**

- Participants for Pastors Cohort will be female pastors on staff at a local church (or women serving in pastoral staff roles in churches where women are not given the title of pastor).
- Participants for Ministry Leaders Cohort will be women in ministry leadership roles, whether within the church or another faith-based organization/ministry.
- Cohorts meet 12 times via Zoom over 8 months, 75 minute meetings, 1-2 times per month (Schedules vary throughout the cohort year.)
- Cohorts meet in person for opening and closing one-day retreats, based in Chicago or Bay Area, depending on the cohort.
- We ask each cohort member to commit to be present for all meetings.
- Cohort includes 8-10 leaders.
- Application window opens fall 2024.
- Diversity is a priority (race, age, ministry category, experience, church/organization “type”).
- Fee is \$750, including opening and closing one-day retreats. Costs associated with travel for opening and closing retreats will be the responsibility of the participant.